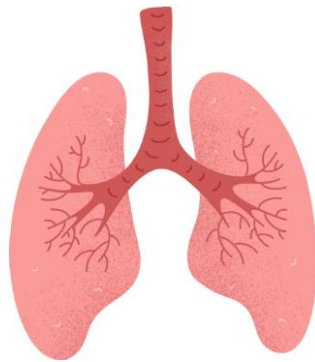


Participants Needed

The agreement between two Eucapnic Voluntary
Hyperpnoea (EVH) challenge set ups



Who can participate?

- ✓ Anyone 18 to 55 years old
- ✓ Engage in at least 75 mins a week of high intensity exercise
- ✓ Either asthmatic or have no history of asthma
- ✓ No known metabolic, cardiovascular or respiratory disease



What is required?

- Two visits to the University of Kent (1 hour each)
- Lung function measurements
- Bronchoprovocation testing
- No exercise is required



What are the benefits?

- Free asthma assessments (normally £280 each)
- Guidance on asthma management
- Opportunity to be involved in research

For more information please get in contact



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