

Buddhist groups in Canterbury

Theravada

Buddhist Meditation Group at the University of Kent

www.meditationkent.org

email: d.sharma@kent.ac.uk

Tibetan

Jhampa www.jhampa.org.uk

Tel: 07875 743532

email: caroline@tibet.clara.co.uk

New Kadampa Tradition

Jampel Buddhist Centre www.meditateinkent.com

Tel: 01227 760955 or 07807 169304

email: info@meditateinkent.com

Zen

Jin Daichi Zendo <https://canterburyzen.weebly.com>

email: jindaichi1@gmail.com